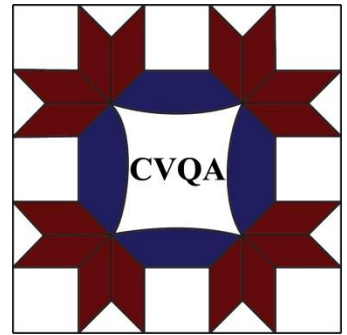


Cumberland Valley Quilters Association February 1, 2011

Est. 1981
www.CVQA.com



MEETING NOTICES

Tuesday, February 1, 2011- First Prebysterian Church, Franklin Road, Assembly at 9:30 a.m., Meeting at 10:00 a.m.

Program: "Hearts" by Sharon McLaughlin

Hospitality: Archer, Bailey, Boyd, Durmon, Dyer, Ellis, Frost, Hime, Keyser, Lionberger, McMahan, Nichols, Sadler, Shean, Smith, Stahl

Door Prizes: Jacki Manfre, Pat Walker, Kazuko Oawa

Membership/Welcome: Penny Archer, Janice Horner

Library: Yes

Evening Stars: February 15, 6:30 – "Quilt Journal" by Lori Kariott

Board Meeting: February 3, 9am – Hot Spot Coffee Shop

OFFICERS:

President

Tammy Barfels

1st Vice President

Kim Gawrys

2nd Vice President

Babs Knieriem

Treasurer

Renee Cashion

Recording Secretary

Sherri Gleaves

Communications Secretary

Jill Zollinger

Snow Policy

CVQA will not meet if Williamson County schools are closed.

Upcoming Quilt Events:

•Butterfly Meadows' Quilted Wall Hanging Contest. Entries due Jan. 31, 2011

•The Smoky Mountain Quilters Guild 31st Annual Quilt Show and Competition Mar. 18-20, 2011. Entries due Feb. 2, 2011.

See www.smokymtnquilters.com for more info.

•International Quilt Festival-Cincinnati, OH April 2011. See www.quilts.com for more info.

LETTER FROM THE PRESIDENT

I have tossed around this idea in my head for a while. I would like to present it to you, my fellow guild members. I have wanted to do something for our immediate community. I know there are many places in the world that need help. I would like to focus our work in our community.

Every year a lot of us make resolutions. They may be to lose weight, or exercise more, quit smoking or whatever. These resolutions are something we make and then....life happens. Either we achieve our goals or we fall short. I am asking that we make a resolution as a group to help Nashville. I know there are places all over the world that need help but let's look in our own backyard and resolve to make someone's life better right here at home. Let's try to achieve this goal.

I presented this idea to the board and asked for feedback and here is what we came up with.

We are asking each and everyone of you to commit 8 hours of your life this year to volunteering in at least one organization that we have chosen or one that you feel strongly about here in Nashville or the surrounding area.

We have come up with 3 places that we feel are places we would like to focus on this year. If we as a guild choose to continue this next year then we can use the same places or pick new ones. We just want to help. The places are Graceworks, Room In The Inn, and Helping Hands.

We would ask each of you if you are interested in offering your services to contact these places on your own and make the necessary arrangements to volunteer. We do not want to manage this as it would be too big of a job to coordinate all of your schedules and make it work. We know you all have families, and jobs, and sick Children and so forth, but we are asking that you overcome those obstacles this year and really give of yourself. We know that some of you can't get around as easily as some of us but we are still asking you to help. We can get to what we want to when we really want to get there.

President's letter Continued

We are challenging you to commit 8 hours of your time and show up and help. We would like to set a goal of 1000 hours of total service given by our guild this year. We feel this is a goal we can reach and yet it will still be a challenge. We plan on having a logbook starting in March that you as member can log in how many hours you gave of your time. At the end of the year we can see what we did as a guild.

It is easy to stay in the confines of our homes and ignore the rest of the world. I would really like you to really commit to this and give of yourselves. I know you are all involved in working on some committee within our guild and that is wonderful. I know you all will fulfill your duties where you signed up and make that committee the best it can be this year. I want our guild to be over the top. I want it to be the one that all the other guilds look at and say Wow they really know how to give of themselves and they made a difference in someone's life.

I have provided website addresses and phone numbers to the above named charities. Please contact them on your own. We have also arranged to acknowledge each of you that complete this resolution. We will provide a button of some sort that you can pin on your name tag showing that you completed your service. It will just be a little something that is like an **Atta Girl!** This will be completely on the honors system that you complete your service. Will you join us in making a difference in Nashville?

Tammy

Graceworks Ministries:

104 Southeast Pkwy.

Franklin, TN 37064

615-794-9055

www.graceworksministries.net

Room In The Inn's Campus For Human Development :

705 Drexel St.

Nashville, TN 97202-5309

615-251-9791

<http://roomintheinn.org>

Helping Hands :

2014 Fairview Blvd. Ste. 102

Fairview, TN 37062

615-799-0006

www.helpinghandsfairview.org

Program Info:

Happy Valentine's Month. Ever wonder how to make a nice heart for a quilt? Tired of simply machine appliquéing a heart when you want to do something creative with a heart for your quilt work? Learn some new and fun ideas to incorporate the symbol of love into your quilt projects by Sharon McLaughlin.

Membership Moment:

Hope you have been taking advantage of the snow days. I certainly have. I have been sewing and cleaning like crazy! Now that my sewing room is clean I think I will call it a "studio".

A special welcome to MARY SCHMIDT. OUR FIRST NEW MEMBER OF 2011. She lives in Smyrna, so look her up at the next meeting and say "hi".

Wow, newish member PRISCILLA KNOBLES is on her way to Africa for the Alex Anderson and Ricky Tims quilt trip! She has promised to take lots of pictures and to tell us all about it when she returns.

If any of the small groups out there have room for more quilters or you are interested in being in a group, or starting one, let me know and I will try and get people together. The church room where we hold our monthly meetings is the guild 's until 5 o'clock that day. There is plenty of room for a new group to meet there along with the charity and soldier groups.

Also, a group of CVQA gals meet the 4th Tuesday of each month for sewing and pot luck at St. Andrews church in Franklin. There is room for a few more. Call Linda Huneryager 302-8015 for information.

More members and more guests require more greeters! We need more greeters for the monthly meetings. If you can do one month please call me.

Thanks and happy sewing,
Babs Knieriem

News from Charity Quilts

Got scraps? Got strips?

Let's Make String Quilts!!

See lots of great string quilt examples and print out string block / quilt directions here:

<http://www.maryquilts.com/strings/strings-heartstrings-red-centers/>

Pick up your String Block Starter Pack at the Charity Quilts table this month.

February fabric needs:

-Red or Pink fabrics

-muslin

-large cuts for backing (2-5 yards)

Please leave donations at the Charity Quilts table.

Thanks!

Pam Stahl & Cindy Ryan

February Birthdays:

Gwen Greene	Feb-1
Kathy Durmon	Feb-2
Cindy O'Hara	Feb-4
Becky Hime	Feb-7
Sandy Harper	Feb-11
Susan Black	Feb-12
Barbara Lowe	Feb-12
Angie Ford	Feb-12
Barbara Schneider	Feb-15
Connie Fodenburg	Feb-25
Laura Bouldin	Feb-28

I have been asked to compile a list of quilting related people who are "for Hire" If you do embroidery, machine or hand quilting, quilt repair, or any other quilt related work. Please let me know so that I can put you on the list. This list will be given to new members as they join. We will also put it in an upcoming newsletter.
Jill Zollinger

Quilt Tip:

Scan your fabric onto the computer, then print in black and white. The light, medium and darks color combinations are easily recognized. as explained by Valerie Curtis

"ON THE ROAD AGAIN"

QUILTERS we have our bus trip planned for Paducah.

Date: **April 27, 2011**

Departure: 6 am
arrive by 5:45 am.

First Stop:

Hancock's of

Paducah estimated arrival 8:30 am.

Second Stop: AQS
Quilt Show

estimated arrival 10 am.

Departure: 6 PM

We should arrive back at Cool Springs by 9 PM @the latest.

We will be departing from the Cool Springs Galleria parking lot. We are to park between Sears and the I-65 freeway.

Payment is \$25.00.
Payable when you sign up. No refunds and no reservations.

After our February meeting we will open the bus to other Guilds. The last trip was great fun. What could be more fun??

Pat Christinson

Evening Stars

Has this year's date been as hard to write as other years? I have found it so. 2011 Maybe because of something about 2010 is magical. 2010 the Space Odyssey... 2010 sounds closer to 2000 than 2011. Once in elementary school I was asked, as a word problem, to write the age I would be in the year 2000. I could not fathom being that old, much less now, I am 10 1/2 years beyond that age. A friend told me she writes the next year on several of her checks at the beginning of the year to help her remember. This is a good idea if I wrote checks, but my computer fills in that info.

I do not make New Year resolutions, because I do not keep them. I only made one that I kept until September one year and that was to call one Aunt or Uncle once a month. Then when school started back that year I got busy with my kids and realized it was time to send Christmas cards and I had not made the September, October, November or December calls.

As quilter's we always want to hang on to fabric, magazines and quilt tops. Our RESOLUTIONS are to finish quilts, use scraps and fat quarters. I only know of two people that are making headway into that .

I have 6 people I need to finish quilts for by February 25th. (1) quilt is finished and needs a label, (2) quilt is being quilted by me, (3) quilt is hanging on my design wall, but of course it needs some more appliqué' to make it look good, (4) quilt has the blocks done and needs sashing, (5) quilt is still in pieces (but I have a back-up plan of an older unfinished top that I could send out to get quilted), (6) quilt is still in my head (Not sure how that will turn out.) But I never tell anyone I am giving them a quilt, so as to not have them ask if their quilt is done. Takes the pressure off. (As you see I apply enough pressure myself.) But with all the cold weather some quilting will get done.

Oh, I signed up for two BOM projects this year. What was I thinking? Good luck in 2011 and with your Resolutions.

February 15th, Evening Stars Meeting:

Quilt Journal- Need to corral those pictures and notes of quilts you have made? A guest quilter, Leigh Vandenberg, will guide us through. This is an easy/organized way to document those quilts for the future.

Supplies needed: Picture of a quilt you have made, pens and pencils. Facilitated by Lori Kariott

Respectfully submitted,
Ginabeth Young

REMINDER!!!

Please be sure and bring all of your blocks for the **Ronald McDonald Quilt** to the Feb. meeting. After all the blocks have been received, I am hoping to schedule a sewing session to put the quilt together. I'll be contacting everyone on the sign-up sheet. Thanks for everyone's help!
Cindy Ryan

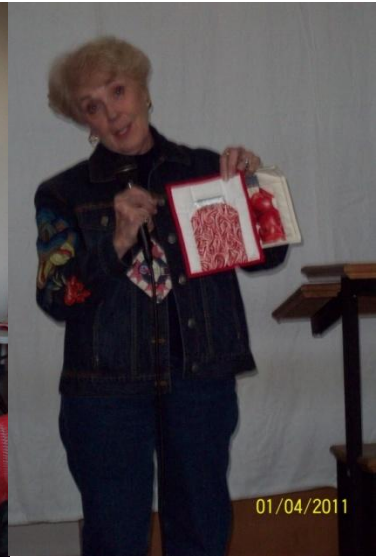
Friendship Committee

The friendship committee needs you. Only three people signed up at the last meeting. I need members to put tops together with the donated blocks and make an occasional block where needed. If tops are prepared ahead of time, we can get a quilt to our seriously ill members quicker. I can quilt them, but I can't do it all. Please help. And please don't forget to donate 12 1/2" unfinished blocks. We need colors other than pink. Please, make a block or two and bring them to any meeting.
Valerie

Mystery Quilt

It's not too late to take part in our first Mystery Quilt. Clue #1 was fabric quantities. Clue #2 will be cutting instructions, then on Thursday, March 10, we will meet at the LDS church from 9-4 to work together on Clue #3. If you came to the Four Patch Posy class, you know what fun we had. This time I will teach you all the different ways to make Half-square triangles and Flying Geese. You can take notes and put the samples in a notebook, then decide which method you prefer. We have 56 members signed up so, don't miss out. Email me: vcurtis690@comcast.net or call 790-2828.
Valerie

Thanks to Chris Grayson for a very inspiring program. You really lifted us "UP"!



SUBMISSIONS FOR EACH NEWSLETTER ARE DUE BY THE 20TH OF THE PREVIOUS MONTH. PLEASE SEND THEM TO JILL AT cvqamail@gmail.com. Thanks!

Check out these upcoming activities.....

Hand Piecing Workshop—Wednesday, March 23!!

Have you been wanting to learn to hand piece? Looking for a portable quilting project? Know how to hand piece, but want to improve your skills?

Then make plans to join us on Wednesday, March 23 for an all day workshop with hand piecing expert, Cindy Blackberg. <http://www.cindyblackberg.com/>

We're looking forward to a day filled with fun, fellowship, fabric, quilts, and lots of learning. You'll be hand piecing gorgeous quilt blocks in no time!!

Don't let this opportunity to learn from a master pass you by! Contact Pam Stahl today for more details and to sign up! Email Pam or call at 599-9599

Needle Arts!! Come & Go!

Join us at the Sam Davis Home Creek House...it's FREE!!!

Bring your quilting, sewing, knitting, textile, fiber projects for a day retreat the 2nd & 3rd Wednesdays of Feb, March, April & May, 2011.

Coffee & Tea are provided. Please feel free to bring your lunch!

Tables, chairs, iron, ironing board

Are provided. Questions?? please call Lorraine Karl 613-2835.

The Creek House is adjacent to the parking lot at the Sam Davis Home.

1399 Sam Davis Road

Smyrna, TN 37167

Weave a sewing Basket

On Saturday, February 26th, the Sam Davis Home will host a class in Basket Weaving. This will be an all day event from 8 am until 4:30 pm and will include guided instructions from basket weaving expert, Sandra Bolin, on how to create your own basket. Tickets to this event are \$75 with the required reservation. Ticket prices include the cost of the supplies, the basket weaving lesson, and lunch. For more information and to make reservations, please contact Meredith Lane at 615-459-2341 or via email at admin@samdavishome.org.

Classifieds

For Sale: 7 Presser Feet for Husqvarna Viking 1+ Sewing Machine: Dual Feed -Walking Foot with two guides, Free Motion Guide Foot, Clear 1/4 inch Piecing Foot with Guide, Elastic Guide Foot 6 - 12 mm, Piping Foot, Ruffler Foot, "B" Bulky Fabric - Decorative Satin Foot, \$150. All in original packaging. Selling as I have sold my sewing machine. For additional information call Rose Bulach 615 661 7856.